

OFFICE OF THE CANTONMENT BOARD JALANDHAR CANTT

No.JCB/Adm/Rectmnt/2017/80/17,

Dated 11.01.2018

**DIRECT RECRUITMENT FOR THE POST OF SAFAIWALAS
NOTICE: SCHEDULE PROGRAMME FOR PHYSICAL TEST / SKILL TEST**

It is notified for the information of all the applicants who have applied against the Advertisement Notice of Direct Recruitment of Safaiwalas in Jalandhar Cantonment Board that Physical Test / Skill Test is Scheduled to be conducted from **20.01.2018(from 9.00Am to 4.00PM)** at **Lovely Professional University Sports Ground, Jalandhar-Delhi G.T. Road, N.H. Hardaspura Road, Phagwara** as per Schedule Dates mentioned in the Admit Cards against each.

The Physical Test / Skill Test will be comprising the following Events;

Sl. No.	Category	Events		
		1	2	3
1	For Male Candidates (*except Physical handicap)	Race of 800Mtrs (03.00 Minutes)	Chin-Up (08 Nos in 01 min in one attempt)	Long Jump (11 Ft) Max 02 attempts
2.	For Female Candidates (*except Physical handicap)	Race of 400 Mtrs (2.00 Minutes)	Carrying of 15 +15 kg weight for 25Mtr distance.	Skill Test
3.	*Ex-servicemen (Above 40Yrs)	Brisk-walking of 400 Mtr (03.00 minutes)	Chin-up (06 Nos in 40 seconds in one attempt)	
4.	Physical Handicap Malewith one leg (OL)candidates (except (HH) hearing impairment)	Chin-up (04 Nos)	Carrying of 20 kg weight for 20Mtr distance.	
5.	Physical Handicap Femalewith one leg (OL)candidates (except (HH) hearing impairment)	Walking 400 Mtr (4.00 Minutes)	Carrying of 20 kg weight for 20Mtr distance.	
6.	Physical Handicap Malewith one Arm (OA) candidates (except (HH) hearing impairment)	Walking 400 Mtr (3.30 Minutes)	Carrying of 20 kg weight for 20Mtr distance.	
7	Physical Handicap Female with one Arm (OA) candidates (except (HH) hearing impairment)	Walking 400 Mtr (3.30 Minutes)	Carrying of 20 kg weight for 20Mtr distance.	

* HH- Hearing Impairment Candidates will be assessed at par with Categories at Sl. No. 01 & 02.

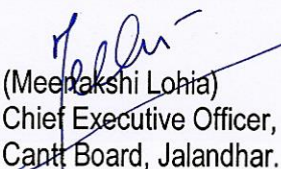
* Ex-servicemen / Govt. Employee below 40 yrs will be assessed at par with Category at Sl.No.01 & 02.

Note:

1. The Physical events will be taken in sequence of order mentioned above.

2. Candidates will be disqualified immediately on failing to qualify any of the event and will not be permitted to appear in the next Physical event / subsequent test or written test.

3. Entry will be started from 08.30 AM till 09.30 AM and only Candidates with Admit Card as per schedule date will be allowed to enter. Candidates are strictly required to report at Venue fixed for Physical Test well before 08.30 AM positively and non-appearance, late after reporting time i.e. 09.30 AM will not be considered in any such eventuality and he / she will be marked as ABSENT.


(Meenakshi Lohia)
Chief Executive Officer,
Cantt Board, Jalandhar.